

Capital City Dance Studio Class Offerings, 2011-2012

AGE RANGE	SUBJECT/CLASS	DESCRIPTION	TUITION (monthly)	COSTUME
Age 3	Pre-Dance Mon 5:15-5:45pm Plaza Studio B Teacher: Sarah Bishop	Designated for 3-year-olds only. Incorporates creative movement, basic ballet concepts and elementary tumbling.	\$38.00 (30 min instruction)	\$50.00
Age 3	Pre-Dance Mon 6:00-6:30pm East Studio Teacher: Lauren Logan	Designated for 3-year-olds only. Incorporates creative movement, basic ballet concepts and elementary tumbling.	\$38.00 (30 min instruction)	\$50.00
Age 3	Pre-Dance Tues 5:15-5:45pm East Studio Teacher: Heather Betsworth	Designated for 3-year-olds only. Incorporates creative movement, basic ballet concepts and elementary tumbling.	\$38.00 (30 min instruction)	\$50.00
Age 3	Pre-Dance Tues 5:30-6:00pm Plaza Studio B Teacher: Heather Akins	Designated for 3-year-olds only. Incorporates creative movement, basic ballet concepts and elementary tumbling.	\$38.00 (30 min instruction)	\$50.00
Age 3	Pre-Dance Thurs 5:15-5:45pm Plaza Studio B Teacher: Brooke Jones	Designated for 3-year-olds only. Incorporates creative movement, basic ballet concepts and elementary tumbling.	\$38.00 (30 min instruction)	\$50.00
Age 3	Pre-Dance Sat 10:00-10:30am Plaza Studio A Teacher: Tiffany Taylor	Designated for 3-year-olds only. Incorporates creative movement, basic ballet concepts and elementary tumbling.	\$38.00 (30 min instruction)	\$50.00

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Ages 4-5	PS Ballet/Gymnastics Tues 6:45-7:30pm Plaza Studio A Teacher: Lauren Gash	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique introduced as well as elementary tumbling.	\$48.00 (45 min instruction)	\$50.00
Ages 4-5	PS Ballet/Gymnastics Wed 6:00-6:45pm East Studio Teacher: Kristina Betsworth	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique introduced as well as elementary tumbling.	\$48.00 (45 min instruction)	\$50.00
Ages 4-5	PS Ballet/Gymnastics Thurs 5:45-6:30pm Plaza Studio B Teacher: Brooke Jones	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique introduced as well as elementary tumbling.	\$48.00 (45 min instruction)	\$50.00
Ages 4-5	PS Ballet/Tap Mon 5:15-6:00pm East Studio Teacher: Lauren Logan	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique introduced as well as elementary rhythmic footwork.	\$48.00 (45 min instruction)	\$50.00
Ages 4-5	PS Ballet/Tap Tues 5:30-6:15pm Plaza Studio A Teacher: Lauren Gash	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique introduced as well as elementary rhythmic footwork.	\$48.00 (45 min instruction)	\$50.00

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Ages 4-5	PS Ballet/Tap Wed 5:15-6:00pm East Studio Teacher: Kristina Betsworth	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique introduced as well as elementary rhythmic footwork.	\$48.00 (45 min instruction)	\$50.00
Ages 4-5	PS Ballet/Tap Thurs 5:30-6:15pm Plaza Studio A Teacher: Jaime Carter	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique introduced as well as elementary rhythmic footwork.	\$48.00 (45 min instruction)	\$50.00
Ages 4-5	PS Ballet/Tap Thurs 6:00-6:45pm East Studio Teacher: Artie Eastman	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique introduced as well as elementary rhythmic footwork.	\$48.00 (45 min instruction)	\$50.00
Ages 4-5	PS Ballet/Tap Sat 10:30-11:15am Plaza Studio A Teacher: Tiffany Taylor	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique introduced as well as elementary rhythmic footwork.	\$48.00 (45 min instruction)	\$50.00

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Ages 6-8	Ballet/Gymnastics Thurs 6:30-7:15pm Plaza Studio B Teacher: Brooke Jones	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique and tumbling involved.	\$49.00 (45 min instruction)	\$55.00
Ages 6-8	Ballet/Tap Mon 5:45-6:30pm Plaza Studio B Teacher: Sarah Bishop	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique and rhythmic footwork/sequences involved.	\$49.00 (45 min instruction)	\$55.00
Ages 6-8	Ballet/Tap Mon 6:30-7:15pm East Studio Teacher: Lauren Logan	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique and rhythmic footwork/sequences involved.	\$49.00 (45 min instruction)	\$55.00
Ages 6-8	Ballet/Tap Tues 5:45-6:30pm East Studio Teacher: Heather Betsworth	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique and rhythmic footwork/sequences involved.	\$49.00 (45 min instruction)	\$55.00
Ages 6-8	Ballet/Tap Tues 6:00-6:45pm Plaza Studio B Teacher: Heather Akins	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique and rhythmic footwork/sequences involved.	\$49.00 (45 min instruction)	\$55.00

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Ages 6-8	Ballet/Tap Wed 6:45-7:30pm East Studio Teacher: Kristina Betsworth	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique and rhythmic footwork/sequences involved.	\$49.00 (45 min instruction)	\$55.00
Ages 6-8	Ballet/Tap Thurs 6:15-7:00pm Plaza Studio A Teacher: Jaime Carter	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique and rhythmic footwork/sequences involved.	\$49.00 (45 min instruction)	\$55.00
Ages 6-8	Ballet/Tap Thurs 6:45-7:30pm East Studio Teacher: Artie Eastman	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique and rhythmic footwork/sequences involved.	\$49.00 (45 min instruction)	\$55.00
Ages 6-8	Ballet/Tap Sat 11:15am-12:00pm Plaza Studio A Teacher: Tiffany Taylor	Available for younger students who benefit from experiencing two subjects in a single-class format. Ballet technique and rhythmic footwork/sequences involved.	\$49.00 (45 min instruction)	\$55.00

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Ages 6-9	Gymnastics Thurs 5:15-6:00pm East Studio Teacher: Artie Eastman	Students learn correct tumbling technique with the help of mats and various tumbling equipment. Basics for cheerleading (splits, cartwheels, etc.) are included, as well as basic dance moves for stage performances.	\$49.00 (45 min instruction)	\$55.00
Ages 6-12	Boys' class Wed 5:00-5:45pm Plaza Studio A Teacher: Taylor Hackett	Designed especially for boys. Will incorporate hip-hop and tap elements as well as basic gymnastics skills.	\$49.00 (45 min instruction)	Costume amount determined later in the year
Ages 8-10	Jazz/Gymnastics Thurs 7:30-8:15pm East Studio Teacher: Artie Eastman	Available for students old enough to take jazz (8 years old by October 1st of the dance year) who want to experience hip-hop, technique, and an additional subject class format that includes elements of tumbling.	\$49.00 (45 min instruction)	\$55.00
Ages 8-10	Jazz/Tap Mon 5:15-6:15pm Plaza Studio A Teacher: Whitney Waldner	Available for students old enough to take jazz (8 years old by October 1st of the dance year) who want to experience hip-hop, technique, and an additional subject class format that includes rhythmic footwork and sequences.	\$60.00 (60 min instruction)	\$55.00 each (2 costumes)

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Ages 8-10	Jazz/Tap Tues 6:30-7:30pm East Studio Teacher: Heather Betsworth	Available for students old enough to take jazz (8 years old by October 1st of the dance year) who want to experience hip-hop, technique, and an additional subject class format that includes rhythmic footwork and sequences.	\$60.00 (60 min instruction)	\$55.00 each (2 costumes)
Ages 8-10	Jazz/Tap Tues 7:30-8:30pm Plaza Studio B Teacher: Heather Akins	Available for students old enough to take jazz (8 years old by October 1st of the dance year) who want to experience hip-hop, technique, and an additional subject class format that includes rhythmic footwork and sequences.	\$60.00 (60 min instruction)	\$55.00 each (2 costumes)
Ages 8-10	Jazz/Tap Wed 7:00-8:00pm Plaza Studio B Teacher: Tiffany Taylor	Available for students old enough to take jazz (8 years old by October 1st of the dance year) who want to experience hip-hop, technique, and an additional subject class format that includes rhythmic footwork and sequences.	\$60.00 (60 min instruction)	\$55.00 each (2 costumes)

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Ages 8-10	Jazz/Tap Wed 7:30-8:30pm East Studio Teacher: Kristina Betsworth	Available for students old enough to take jazz (8 years old by October 1st of the dance year) who want to experience hip-hop, technique, and an additional subject class format that includes rhythmic footwork and sequences.	\$60.00 (60 min instruction)	\$55.00 each (2 costumes)
Ages 8-10	Jazz/Tap Thurs 7:00-8:00pm Plaza Studio A Teacher: Jaime Carter	Available for students old enough to take jazz (8 years old by October 1st of the dance year) who want to experience hip-hop, technique, and an additional subject class format that includes rhythmic footwork and sequences.	\$60.00 (60 min instruction)	\$55.00 each (2 costumes)
Ages 8-10	Jazz/Tap Thurs 7:15-8:15pm Plaza Studio B Teacher: Brooke Jones	Available for students old enough to take jazz (8 years old by October 1st of the dance year) who want to experience hip-hop, technique, and an additional subject class format that includes rhythmic footwork and sequences.	\$60.00 (60 min instruction)	\$55.00 each (2 costumes)
Ages 8-10 Ages 11 through 8 th grade	Pre-Pointe (9+ years old) Mon 7:15-7:45pm Plaza Studio B Teacher: Sarah Bishop	Instruction on proper body placement and position in preparation for possible future pointe work.	\$49.00 (45 min instruction)	\$60.00

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Ages 11 through 8 th grade	Jazz Mon 6:45-7:15pm Plaza Studio A Teacher: Whitney Waldner	Concentration on technique and body alignment as well as various styles of jazz.	\$38.00 (30 min instruction)	\$60.00
Ages 11 through 8 th grade	Jazz Mon 7:15-7:45pm East Studio Teacher: Lauren Logan	Concentration on technique and body alignment as well as various styles of jazz.	\$38.00 (30 min instruction)	\$60.00
Ages 11 through 8 th grade	Jazz Tues 7:30-8:00pm East Studio Teacher: Heather Betsworth	Concentration on technique and body alignment as well as various styles of jazz.	\$38.00 (30 min instruction)	\$60.00
Ages 11 through 8 th grade	Jazz Thurs 8:30-9:00pm Plaza Studio A Teacher: Jaime Carter	Concentration on technique and body alignment as well as various styles of jazz.	\$38.00 (30 min instruction)	\$60.00
Ages 11 through 8 th grade	Jazz – TEEN (8 th grade only) Mon 8:00-8:30pm Plaza Studio A Teacher: Whitney Waldner	Introduction to a higher level of difficulty with a focus on the theatrical interpretation of music.	\$38.00 (30 min instruction)	\$60.00
Ages 11 through 8 th grade	Lyrical Mon 7:15-8:00pm Plaza Studio A Teacher: Whitney Waldner	Interpretation of music through freestyle movement. Aids dancers in becoming less self-conscious as they build confidence in expressing themselves in a more sophisticated style suited for older students.	\$49.00 (45 min instruction)	\$60.00

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Ages 11 through 8 th grade	Pointe Mon 6:30-7:15pm Plaza Studio B Teacher: Sarah Bishop	*Students are placed at the discretion of the teacher or studio staff. Please call 226-3399 to register for Pointe classes	\$49.00 (45 min instruction)	\$60.00
Ages 11 through 8 th grade	Tap – Flat shoes (8 th graders only) Mon 8:30-9:00pm Plaza Studio A Teacher: Whitney Waldner	Continued development in a student's sense of rhythm with an emphasis on stage presence and style.	\$38.00 (30 min instruction)	\$60.00
Ages 11 through 8 th grade	Tap – High Heel Mon 6:15-6:45pm Plaza Studio A Teacher: Whitney Waldner	Continued development in a student's sense of rhythm with an emphasis on stage presence and style.	\$38.00 (30 min instruction)	\$60.00
Ages 11 through 8 th grade	Tap – High Heel Mon 7:45-8:15pm East Studio Teacher: Lauren Logan	Continued development in a student's sense of rhythm with an emphasis on stage presence and style.	\$38.00 (30 min instruction)	\$60.00
Ages 11 through 8 th grade	Tap – High Heel Tues 8:00-8:30pm East Studio Teacher: Heather Betsworth	Continued development in a student's sense of rhythm with an emphasis on stage presence and style.	\$38.00 (30 min instruction)	\$60.00
Ages 11 through 8 th grade	Tap – High Heel Thurs 8:00-8:30pm Plaza Studio A Teacher: Jaime Carter	Continued development in a student's sense of rhythm with an emphasis on stage presence and style.	\$38.00 (30 min instruction)	\$60.00
High School	Advanced Jazz (Junior/Senior) Wed 5:45-6:30pm Plaza Studio A Teacher: Casey Tillett-Lewis	Introduction to a higher level of difficulty with a focus on the theatrical interpretation of music. Hip-hop elements included.	\$49.00 (45 min instruction)	\$60.00 each (2 costumes)

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High School	Advanced Jazz (Freshman/Sophomore) Wed 8:00-8:45pm Plaza Studio A Teacher: Casey Tillett-Lewis	Introduction to a higher level of difficulty with a focus on the theatrical interpretation of music. Hip-hop elements included.	\$49.00 (45 min instruction)	\$60.00 each (2 costumes)
High School	Advanced Lyrical (Junior/Senior) Wed 7:00-7:30pm Plaza Studio A Teacher: Casey Tillett-Lewis	Interpretation of music through freestyle movement. Aids dancers in becoming less self-conscious as they build confidence in expressing themselves in a more sophisticated style suited for older students.	\$47.00 (30 min instruction)	\$60.00
High School	Advanced Lyrical (Freshman/Sophomore) Wed 7:30-8:00pm Plaza Studio A Teacher: Casey Tillett-Lewis	Interpretation of music through freestyle movement. Aids dancers in becoming less self-conscious as they build confidence in expressing themselves in a more sophisticated style suited for older students.	\$47.00 (30 min instruction)	\$60.00
High School	Advanced Tap (Junior/Senior) Wed 6:30-7:00pm Plaza Studio A Teacher: Casey Tillett-Lewis	Continued development in a student's sense of rhythm with an emphasis on stage presence and style.	\$47.00 (30 min instruction)	\$60.00

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High School	Advanced Tap (Freshman/Sophomore) Wed 8:45-9:15pm Plaza Studio A Teacher: Casey Tillett-Lewis	Continued development in a student's sense of rhythm with an emphasis on stage presence and style.	\$47.00 (30 min instruction)	\$60.00
High School	Pointe Wed 5:00-6:30pm Plaza Studio B Teacher: Stephanie Wooldridge	Continued development in a student's sense of rhythm with an emphasis on stage presence and style. This time slot includes both Beginner/Intermediate and Advanced classes (45 minutes each), and includes instruction in Classical Ballet (flat). Students will be placed in either the Beginner/Intermediate or Advanced class at the discretion of the instructor. You will be notified of your class placement before classes begin.	\$49.00 (45 min instruction)	\$60.00